



# HSA Expense Items

## Dental

- Cleaning, polishing, oral hygiene instruction
- Dental Examination
- Dental Mechanic
- Dental X-Rays
- Dentist (DH, RDH, DT, RDT, DMD)
- Dentures, Repair, & Replacement
- Denturist (DH, RDH, DT, RDT, DMD)
- Extracting Teeth
- Filling Teeth including root canal
- Fluoride treatments
- Gum Treatment
- Major dental procedures (bridge, implant, inlay, on lay)
- Oral Surgery
- Orthodontic work including braces paid to a medical practitioner or a dentist. Expenses for purely cosmetic procedures not eligible

## Medical Devices & Equipment

- Acoustic Coupler
- Air Conditioner Lesser of \$1,000 or 50% of amount paid for person with sever chronic ailment, disease or disorder
- Air filter, cleaner, or purifier - the amount paid for a person to cope with or overcome a severe chronic respiratory ailment or a severe chronic immune system disorder
- Altered auditory feedback devices for treating a speech disorder
- Any apparatus or material - where payment is made directly to a doctor, dentist, nurse or hospital
- Any device designed to assist a person to enter or leave a bathtub or shower, or to get on or off a toilet
- Any device designed to assist an individual in walking where the individual has a mobility impairment
- Any device to aide the hearing of a deaf person
- Any device, including replacement parts, designed exclusively for use by an individual who is suffering from a chronic respiratory ailment or a sever chronic immune system disregulation
- Any equipment and accessory that enables a deaf or mute person to make and receive telephone calls
- Any power-operated lifts or transportation equipment designed exclusively for use by or for a disabled individual
- Artificial Eye
- Artificial kidney machine; including reasonable installation, home alteration, and operating costs
- Artificial Limb
- Assisted breathing devices that supply air to the lungs under pressure, such as a continuous positive airway pressure (CPAP) machine or mechanical ventilator
- Audible signal devices including large bells, loud ringing bells, single stroke bells, vibrating bells, horns, and visible signals
- Baby breathing monitor - a device designed to be attached to an infant

to sound an alarm if the infant stops breathing. A medical practitioner must certify in writing that the infant is at risk of sudden infant death syndrome

- Bliss symbol boards or similar devices used by a person who has a speech impairment to help the person communicate by selecting the symbols or spelling out words
- Blood coagulation monitors - the amount paid for the purchase including disposable peripherals such as pricking devices, lancets and test strips for a person who requires anti-coagulation therapy
- Blood sugar level measuring devices for diabetics
- Bone conduction receiver
- Brace for a Limb
- Braille note-taker devices used by a person who is blind to allow that person to take notes (that can be read back to them, printed, or displayed in braille) with the help of a keyboard
- Braille printers, synthetic speech systems, large print-on-screen devices, and other devices designed exclusively to be used by a person who is blind to operate a computer
- Breast prosthesis because of a mastectomy
- Catheters, catheter trays, tubing, or other products required by persons who are incontinent by virtue of illness, injury, or affliction
- Chair - power-operated guided chair to be used in a stairway, including installation
- Cochlear implant
- Colostomy Pads
- Computer peripherals designed exclusively to be used by a person who is blind to operate a computer
- Crutches
- Devices designed exclusively to enable an individual with a mobility impairment to operate a vehicle
- Diapers, disposable briefs, catheters, catheter trays, tubing, or other products required by a person who is incontinent by virtue of illness, injury, or affliction
- Elastic support hose designed exclusively to relieve swelling caused by chronic lymphedema
- Electronic bone healing device
- Electronic or computerized environmental control systems designed exclusively for the use of an individual with severe and prolonged mobility restrictions
- Electronic speech synthesizers that enable mute individuals to communicate using a portable keyboard
- Electrotherapy devices (Tens) for the treatment of a medical condition or a severe mobility impairment
- Exercise equipment prescribed by a physician for treatment or recovery from an illness or injury
- External breast prosthesis
- Extremity pumps or elastic support hose designed exclusively to reduce swelling cause by lymph edema
- Eyeglasses or Contact Lens (prescribed)
- Furnace - the amount paid for an electric or sealed combustion

furnace acquired to replace a furnace that is neither of these, where the replacement is necessary because of a person's severe chronic respiratory ailment or immune system disorder

- Heart Monitor or Pacing Devices
- Hospital bed
- Hospital Bed if Required in Home
- Ileostomy Pads
- Inductive coupling osteogenesis stimulator for treating non-union fractures or aiding in bone fusion
- Infusion pumps, including disposable peripherals, used in the treatment of diabetes
- Iron Lung
- Laryngeal Speaking Aid
- Monitors which can be attached to babies identified as being prone to Sudden Infant Death Syndrome and which sound an alarm when the baby stops breathing
- Needles and Syringes
- Optical scanners or similar devices designed to be used by a blind individual to enable him to read print
- Orthopedic Shoes, Boots and orthotic inserts
- Oxygen Tent and Equipment
- Pacemakers
- Phototherapy equipment for treating psoriasis or other skin disorders. You can claim the amount paid to buy, operate, and maintain this equipment
- Reasonable expenses relating to renovations or alterations to a dwelling of a patient who lacks normal physical development or has a severe and prolonged mobility impairment.
- Rocking Bed for Polio Victim
- Scooter - the amount paid for a scooter that is used instead of a wheelchair
- Spinal Brace
- Standing devices for standing therapy in the treatment of a severe mobility impairment
- Synthetic speech systems, Braille printers and large print-on-screen devices that enable blind persons to utilize computers.
- Television closed caption decoders for the deaf
- Truss for Hernia
- Water filter, cleaner, or purifier - the amount paid for a person to cope with or overcome a severe chronic respiratory ailment, or severe chronic immune system disorder
- Wheelchair
- Wigs made for individuals who have suffered abnormal hair loss owing to disease, accident or medical treatment



## Medicine/Pharmaceutical

- Any medicine or drug purchased. Prescribed by a medical practitioner or dentist and recorded by a licensed pharmacist
- Cost of Prescriptions and ran through a licensed pharmacist. No over the counter medicine is allowed.
- Drugs and medical devices bought under Health Canada's Special Access Program - the amounts paid for drugs and medical devices that have not been approved for use in Canada, if they were purchased under this program
- Insulin or Substitutes
- Liver Extract - injectable for pernicious anemia
- Medicinal marijuana for medical purposes under the Marijuana Medical Access Regulations
- Oxygen
- Prescription Birth Control Pills
- Tapes or tablets for sugar content tests by diabetics, if the procedure has been required by a physician
- Vitamin B12 - for pernicious anemia

## Miscellaneous Health Expenses

- Ambulance Charges - To and From Hospital
- An amount paid to a private medical clinic that are for medically required services or are prepayment of services that are to be provided over the course of the year and are actually provided in that year (block fees) will generally be an eligible medical expense
- Canadian Red Cross - Home Maker Service
- Deaf-blind intervening services used by a person who is both blind and profoundly deaf when paid to someone in the business of providing these services
- Doctors note
- Employee Premium paid to a non-government medical or hospitalization plan (e.g. Blue Cross, Manulife Flexcare, Sun Life Affinity) Only Health, Dental, Vision premiums. No Critical Illness, Accidental Death or Dismemberment Life, or Disability Premiums
- Form - The completion of health and disability forms by a medical practitioner is considered to be ancillary to the provision of medical services and the associated costs may also be claimed as an eligible medical expense under paragraph 118.2(2)(a)
- Gluten Free Products- With letter from qualified practitioner, only the difference between the cost of goods related to the part of the product consumed by the person with celiac disease
- Home Care for an illness or disability. The submission must include a letter from a licensed medical professional stating the home care is medically required in order to be eligible
- Hydraulic wheelchair lifts for a vehicle that has been prescribed by a qualified medical practitioner
- Private Healthcare-The cost of membership fees or access fees paid to a private medical clinic. Fees must be pre-payment of eligible medical expenses
- Reasonable expenses relating to rehabilitative therapy, including training in lip reading and sign language, if incurred to adjust for the patient's loss of hearing or speech

- School for persons with an impairment in physical or mental functions - a medical practitioner must certify in writing that the equipment, facilities or personnel specially provided by that school are required because of the person's physical or mental ...see myHSA site
- The cost of an animal specially trained to assist a person who is blind, deaf, or severely impaired in the use of arms or legs
- Travel (40-80km) the cost of the public transportation expenses (for example, taxis, bus, or train) when a person needs to travel at least 40 kilometers (one way), but less than 80 km, from their home to get medical services. See myHSA site for full details
- Travel expenses (at least 80 km) – contact support@getmyhsa.com for clarification
- Under paragraph 118.2(2)(a) an eligible medical expense includes an amount paid to a medical practitioner, dentist or nurse or a public or licensed private hospital for medical or dental services provided to the patient

## Practitioners

- Acupuncturist (R.Ac.)
- Anaesthesiologist
- Athletic Therapist - must show professional registration number
- Audiologist
- Chiropodist
- Chiropractor (DC)
- Christian Science Practitioner
- Clinical Counsellor (Provincially Registered Clinical Therapist Only)
- Dental Mechanic
- Dentist (DH, RDH, DT, RDT, DMD)
- Denturist (DH, RDH, DT, RDT, DMD)
- Dermatologist
- Dietitian (Registered)
- Gynecologist (Ob. Gyn)
- Kinesiology
- Laboratory procedures or services including necessary interpretations
- Massage (Provincially Registered)
- Naturopaths (ND)
- Neurologist
- Obstetrician
- Occupational Therapist
- Orthodontist (DH, RDH, DT, RDT, DMD)
- Orthopedist
- Psychiatrist (C.Psych)
- Psychoanalyst
- Psychologist (PsyD)
- Registered Midwife
- Registered Nurse (RN)
- Registered Nutritionist
- Social Workers (RSW, RCC, MFT)
- Speech Therapist (SLP)
- Surgeon
- Traditional Chinese medicine practitioner
- X Ray Technician

## Tests, Therapies & Treatments

- Blood Transfusion
- Bone marrow transplant (see myHSA site for more details)
- Cancer treatment in or outside Canada (see myHSA site for more details)
- Cosmetic surgery if it is necessary for medical or reconstructive purposes
- Diathermy
- Electric Shock Treatments
- Electrolysis - only amounts paid to a qualified medical practitioner. Expenses for purely cosmetic procedures are not eligible
- In vitro fertility program- the amount paid to a medical practitioner or a public or licensed private hospital
- Insulin Treatments
- Medical services provided outside of Canada - if you travel outside Canada to get medical services (see myHSA for more details)
- Nursing (by registered nurse)
- Organ transplant - reasonable amounts paid to locate a compatible donor...more
- Pre-Natal; Post-Natal Treatments
- Psychotherapy
- Radium Therapy
- Reading services provided to a person who is blind or has a severe learning disability and paid to someone in the business of providing these services. A medical practitioner must certify in writing that these services are necessary
- Rehabilitative therapy including lip reading and sign language training to adjust to a person's loss of hearing or speech
- Speech Pathology or Audiology
- Tests - the cost of non-holistic medical tests (see site for examples)
- Transplant
- Treatment centre for a person addicted to drugs, alcohol, or gambling. A medical practitioner must certify in writing that the person requires the specialized equipment, facilities, or personnel provided
- Ultra-Violet Ray Treatments
- Vaccines
- Whirlpool Bath Treatment (not the purchase of Hot Tub)
- X-Ray Treatments; MRI

## Vision

- Artificial Eye
- Eyeglasses or Contact Lens (prescribed)
- Laser eye surgery - the amount paid to a medical practitioner or a public or licensed private hospital
- Oculist
- Ophthalmologist
- Optician
- Optometrist (OD)