

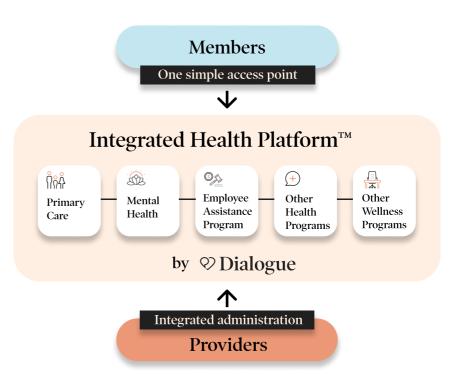
The Integrated Health **Platform**TM



One platform. Powerful benefits.

A platform unifying health and wellness programs, designed to evolve with Canadian employers' and organizations' needs, and built to deliver high quality, multidisciplinary virtual care from a single, modern app.





Benefits for Organizations

Stress-free program administration One platform with multiple benefit programs reduces the overhead of working with numerous service providers and systems.

Integrated wellness reporting allows for seamless progress tracking and clear, actionable insights.

Higher ROI on wellness programs that can evolve with your needs and budget.

Benefits for Members

Single login to multiple health and wellness programs through a common application promotes awareness and program adoption.

Simplified, quick access to a multidisciplinary team reduces frustration and delays in receiving great care.

One shared electronic medical record ensures a consistent and coordinated care experience.

Integrated care = positive outcomes

140%

average signup rate among our top 50 clients

92%

average activation rate among our top 50 clients

32%

average 30-day utilization rate among our top 50 clients

 $2_{\rm x}$

more likely for members to be very satisfied versus patients using other virtual care providers 77%

of members are more likely to seek out medical care with Dialogue (than without) 36-50%

average PHQ-9 (mental health) score improvement with Dialogue programs

Organizations might have varying results depending on distribution models and engagement efforts.

A complete wellness journey, tailored to your members' needs

Sasha is feeling anxious and is having trouble sleeping Sasha consults with a doctor within minutes. The doctor prescribes medication to help manage her symptoms and recommends speaking with a mental health specialist (MHS) for her anxiety

Sasha has a positive session with the MHS. The MHS reviews and adjusts her care plan to more **precisely address** her issue, and recommends also speaking with a financial planner as it seems the anxiety is related to financial problems

A case manager reviews her EMR and **follow-ups with Sasha** to be sure she got the support she needed and if the medication is helping with her symptoms

















She opens the Dialogue app and answers a few questions about her situation

Sasha can access her prescription and book an appointment with an MHS within

with an MHS wi

Sasha has a fruitful conversation with a financial planner, and feels less anxious about her financial health Sasha is happier and more confident to manage her anxiety better, which results in increased performance at work

An electronic medical record (EMR) is created including her care plan and prescription

The MHS updates her EMR with adjustments to her care plan and recommendations

Happy, productive members use the Dialogue platform

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Quick, reliable access to a fully bilingual, multidisciplinary care team (same-day appointments)

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360-degree physical and mental health care in a single corporate program

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Proactive outreach and single login facilitates awareness and clarity on services available

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True continuity of care with shared electronic medical record and follow-ups after each session



Health & wellness programs available on the Integrated Health Platform™



Primary care

24/7 unlimited virtual care for general physical and mental health concerns.



EAP

Professional support for personal and work issues including mental health, legal, financial, family and relationships, work & career.



Mental health

An integrated blend of self-led and practitioner-led therapy options to address the needs and preferences of all members.



iCBT

Self-led mental health support available 24/7, with zero barriers to getting started.

Offer a complete, personalized, and preventative solution to your members. Contact us to learn more.

Click logo to learn more